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Get moving! Check out the Together Counts program's Pre-K-5 curriculum to teach children active, healthy habits. http://bit.ly/LGKRR3\

Spend quality time with your family by being active & healthy with some of these fun activities! http://bit.ly/ITK62t

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Calling all families! Check out these easy ideas for being active and healthy together, brought you by the Together Counts program. Visit togethercounts.com/at-home today.

Get ready to teach your students about the importance of activity and nutrition with these FREE Together Counts lesson plans! http://bit.ly/Tawj94